handiKAProning 2012

	Uge 17	Uge 18	Uge 19	Uge 20	Uge 21	Uge 22	Uge 23	Uge 24	Uge 25	Uge 26	Uge 27	Uge 28	Uge 29	Uge 30	Uge 31	Uge 32	Uge 33	Uge 34	Uge 35	Uge 36	Samlet minus 5 løb	Samlet placering
	24-apr	01-maj	08-maj	15-maj	22-maj	29-maj	05-jun	12-jun	19-jun	26-jun	03-jul	10-jul	17-jul	24-jul	31-jul	07-aug	14-aug	21-aug	28-aug	04-sep		
Per Hallum			19:40		19:12	01:33:40	22:27							19:20		20:01	19:02	19:06			174	9
	20		20		20	17	19							19		20	23	16				
Tonny Jensen		20:01	19:26	00:54,54	**Tid**	01:24:28	20:00	00:54,35	19:10		19:09			19:06	01:25:43	19:51	18:40	18:29	01:22:39	00:54,13	344	1
		20	20	23	20	23	24	24	22		25	24		21	23	22	25	18	23	25		
Frank H Hansen		19:26	18:34			01:24:07		00:53,83	18:46		18:36								Udg		158	11
	20	20	21			18		22	19		23								15			
Casper Rud		18:27						00:51,59	16:48		16:52			16:57			16:48	16:56			189	8
	20	20						25	24		22	24		18			21	15				
Anne-Mette Jensen		24:43	**Tid**	01:09,16	23:28		Tid	Tid	Tid							23:42		22:46			216	5
	20	20	20	25	24		20	20	20							23		24				
Sjef Schlappi		19:40	18:34	00:55,22		01:24:05	**Tid**	00:55,17							01:27:08			**Tid**		00:54,94	206	6
	20	20	22	21		19	20	19							21			20		24		
Karsten Munk-Petersen		20:57	20:36		21:22	01:32:40												20:43			110	14
	20	20	18		17	20												15				
Mogens Leth			19:39	01:12,69	19:13	01:19:25	19:58				19:15				01:25:00	19:35		18:46	01:22:39		220	4
			20	18	18	24	22				24				24	24		22	24			
Grane Maaløe		20:23	19:11	**Tid**														18:51			84	16
		20	24	20														20				
Flemming Brix		20:44	20:21	00:57,07	19:49	01:26:56		00:57,32	19:56	21:06	19:59			19:40	01:28:43	21:00		19:13	01:24:15	00:57,56	327	3
	20	20	19	24	21	22		23	20	24	21			22	22	18		21	25	23		
Per Andersen			24:03		22:34	01:29:45	21:57	01:04,20	20:17	21:20				20:03	Udg	20:23	19:38	19:21	01:27:00	01:08,07	335	2
	20		20		25	25	25	20	25	25				23	15	25	24	19	22	22		
Lisa Skouboe		24:40	23:27	01:10,58	22:37			01:10,00		24:23				22:12							195	7
	20	20	25	20	23			17		22		24		24								
Poul Lervad					25:31																40	19
	20				20																	
Karen Maria/Christina		19:51			19:23	01:27:00	20:09		19:15							20:05					121	13
		20			19	21	21		21							19						
Allan Drescher		18:26	17:19				17:54	00:50,59	16:41	17:58				16:47							174	9
	20	20	23				23	21	23	24				20								
Martin Vegge		19:42			19:07													18:56			79	17
	20	20			22													17				
Kim Sommer		21:56		01:04,44			23:34	01:06,00							01:35:47			21:18	Udg		145	12
		20		22			20	18							25			25	15			
Morten Sloth Pedersen								01:18,00			00:21:19			20:39							65	18
								20			20			25								
Jan Bisbo									19:47							20:34	19:39	19:12			86	15
									20							21	22	23				
Sjef/Jan														18:13							20	20
														20								
Deltagere	12	15	12	10	12	10	10	11	9	4	6	3	0	9	6	8	5	13	8	6	**Gennemsnit**	8,45

Samlet bedste tid | Personlig bedste tid | Flest point | Dagens vinder | Fratrunke løb

Alm. HandiKAP

Sprint

Lilleø Marathon