handiKAProning 2026

	Uge 32	Uge 33	Uge 34	Uge 35	Uge 36	Uge 37	Uge 38	Uge 39	Uge 40	Uge 41	Samlet minus 3 løb	Samlet placering
	04-aug	11-aug	18-aug	25-aug	01-sep	08-sep	15-sep	22-sep	29-sep	06-okt		
Rasmus Kierkegaard	00:45:23	00:44:43	00:45:18	00:44:04	00:44:35	21:12	21:28		21:18	21:08	**147**	**6**
	23	23	18	22	16	18	19		22	20		
Tonny Jensen	00:46:50	00:46:19	00:45:36	00:44:54	00:44:44	21:19	21:32	21:25	21:29	20:49	**153**	**5**
	19	22	21	23	20	21	22	18	21	23		
Flemming Brix	00:47:21			00:46:45	00:46:39	22:33		22:25			**99**	**10**
	22			21	19	17		20				
Allan Drescher	00:43:24	00:42:41	00:42:02	00:42:18	00:42:24	20:11	20:03	20:05	20:03	20:03	**154**	**4**
	24	24	20	20	17	19	24	19	23	19		
Kim Sommer	00:52:21				00:48:53			23:01			**68**	**12**
	20				25			23				
Claus Mengel-Niemann	00:45:44		00:45:08		00:45:11		21:49			21:23	**109**	**9**
	25		19		18		25			22		
Flemming Kristensen	00:49:16		00:47:34		00:49:03	23:19	23:47	22:53		23:06	**129**	**7**
	21		22		15	16	18	21		16		
Lisbet Bjerregaard	00:57:21	00:56:30	00:54:45	00:53:39	00:52:08	24:49	24:49	24:03	25:00	24:15	**161**	**2**
	20	25	23	24	22	22	23	22	19	17		
Susanne Dixen	01:00:34	Tid									**40**	**13**
	20	20										
Karen Maria/Christina/Vibe	00:47:55				00:45:13	21:02	21:17		21:23	21:09	**126**	**8**
	20				24	24	20		20	18		
Marja Breit	00:51:12										**20**	**14**
	20											
Rasmus Grubbe	01:00:48		00:56:12	00:52:52	00:51:23	24:35	25:18		24:26	23:53	**158**	**3**
	20		24	25	21	20	17		24	24		
Karen Huusmann	01:05:00		01:00:22	01:01:54	00:58:49	27:40	27:54	26:38	26:23	25:48	**166**	**1**
	20		25	19	23	23	21	24	25	25		
Karsten Paulsen				00:55:59		25:52		24:12		23:57	**91**	**11**
				20		25		25		21		
Inese Dabolina								27:30			**20**	**14**
								20				
Deltagere	13	5	8	8	11	10	9	9	7	10	**Gennemsnit**	9,00

Samlet bedste tid | Personlig bedste tid | Flest point | Dagens vinder | Fratrunke løb